Diabetes and Hyperglycemia Management [989]

TARGET BLOOD GLUCOSE: Pre-meal = 100-140 mg/dL and Random = Less than 180 mg/dL

Providers: If patient has active insulin / non-insulin ANTIHYPERGLYCEMIC orders, please consider discontinuing.

General

Discontinue Insulin Infusion

[X] Discontinue Insulin infusion	Routine, Once For 1 Occurrences
	If on an insulin infusion:
	 * immediately administer long-acting subcutaneous insulin as ordered (intentional overlap with IV insulin infusion) * continue the IV insulin infusion and hourly glucose checks for 2 hours after the long-acting subcutaneous insulin was administered, then discontinue the IV insulin infusion
	* if transitioning off of the DKA insulin protocol, please also continue the two-bag IV fluids until the IV insulin infusion is turned off (2 hours after the subcutaneous insulin was administered)
Finger Stick Blood Glucose (FSBG) Monitoring (M	IUST choose one) (Single Response) (Selection Required)
() Bedside glucose - for patients on diets	Routine, 4 times daily 0-30 minutes before meals and at bedtime
	0-30 mins before meals and at bedtime (if on diet). Give

correction insulin BEFORE MEALS ONLY, if needed.

Give correction insulin EVERY 4 HOURS, if needed.

Routine, Every 4 hours

- () Bedside glucose for patients on continuous enteral feeds, TPN or NPO
- Finger Stick Blood Glucose (FSBG) Monitoring Additional 1 AM (Single Response) For patients transitioning from insulin infusion to subcutaneous insulin regimen in the first 24 hours

$\overline{()}$	Bedside glucose - for patients transitioning from insulin	Routine, Once For 1 Occurrences
	infusion	This additional bedside glucose is for transition from insulin
		infusion to subcutaneous insulin regimen. DO NOT TREAT
		WITH INSULIN. Notify ordering Provider if Blood Glucose
		below 70 mg/dL or greater than 300 mg/dL.

Subcutaneous Insulin Dosing (choose all that apply)

Basal Insulin

[] Custom Insulin glargine (Lantus)	
[] insulin glargine (LANTUS) injection	subcutaneous, daily
	DO NOT HOLD glargine without a prescriber order. If glucose is less
	than 80mg/dL, call prescriber for possible dose change.
[] insulin glargine (LANTUS) injection	subcutaneous, nightly
	DO NOT HOLD glargine without a prescriber order. If glucose is less than
	80mg/dL, call prescriber for possible dose change.
[] insulin glargine (LANTUS) injection	subcutaneous, every 12 hours at 0900, 2100
	DO NOT HOLD glargine without a prescriber order. If glucose is less than
	80mg/dL, call prescriber for possible dose change.
[] Weight Based Insulin glargine (Lantus)	
[] For insulin SENSITIVE patients (0.1	0.1 Units/kg/day, subcutaneous
units/kg/day)	
[] For AVERAGE patients (0.2 units/kg/day)	0.2 Units/kg/day, subcutaneous
[] For insulin RESISTANT patients (0.3	0.3 Units/kg/day, subcutaneous
units/kg/day)	
[] Insulin NPH (NovoLIN-N, HumuLIN-N)	
[] insulin NPH (HumuLIN-N)	subcutaneous, every 12 hours at 0900, 2100
	If NPO give half dose of scheduled NPH or NPH/REG

	IPH (HumuLIN-N) IPH (HumuLIN-N)	subcutaneous, daily with breakfast If NPO give half dose of scheduled NPH or NPH/REG subcutaneous, nightly
[] insulin N	IPH (HumuLIN-N)	
		If NPO give half dose of scheduled NPH or NPH/REG
] Insulin 70/3	30 NPH and Regular Human (HumuLIN	•
	0/30 NPH and regular human	subcutaneous, 2 times daily with meals
	IN 70/30)	If NPO give half dose of scheduled NPH/REG
	0/30 NPH and regular human IN 70/30)	subcutaneous, daily with breakfast If NPO give half dose of scheduled NPH/REG
	0/30 NPH and regular human	subcutaneous, daily with dinner
(HumuL	IN 70/30)	If NPO give half dose of scheduled NPH/REG
	llin (Single Response)	
·	ealtime Insulin lispro (AdmeLOG)	
[] Three tir (AdmeLu	mes daily with meals - insulin lispro OG)	subcutaneous, 3 times daily with meals If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.
		1 unit for every gm of CHOs and 1 unit for every mg/dL of glucos GREATER than mg/dL
[] Before E	Breakfast - insulin lispro (AdmeLOG)	subcutaneous, daily with breakfast If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.
[] Before L	unch - insulin lispro (AdmeLOG)	subcutaneous, daily before lunch If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.
[] Before [Dinner - insulin lispro (AdmeLOG)	subcutaneous, daily before dinner If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.
[] With Sna injection	acks - insulin lispro (AdmeLOG)	subcutaneous, with snacks, high blood sugar If NPO or pre-meal glucose is less than 80 mg/dL, hold the dose of mealtime insulin. If pre-meal glucose is 80 - 100 mg/dL, give ½ dose of mealtime insulin. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. If corrective insulin dose is needed, add to mealtime insulin dose.
) Weight Bas Response)	sed Insulin Lispro (AdmeLOG) (Single	
	lin SENSITIVE patients (0.1	0.1 Units/kg/day, subcutaneous, 3 times daily with meals
	RAGE patients (0.2 units/kg/day)	0.2 Units/kg/day, subcutaneous, 3 times daily with meals
	lin RESISTANT patients (0.3	0.3 Units/kg/day, subcutaneous, 3 times daily with meals
Tuba Facilia	TPN	
Tube Feed or		

[] insulin NPH (HumuLIN-N) injection	subcutaneous, every 8 hours scheduled Start 10% Dextrose IV during any interruption in TPN or tube feeds at the previous TPN or tube feed rate up to a maximum rate of 40 mL/hour. HOLD next insulin dose and notify prescriber for further orders
[] dextrose 10 % infusion	40 mL/hr, intravenous, continuous PRN, other, for interruption in TPN or tube feeds Start D10W at the previous TPN or tube feed rate up to a maximum rate of 40 mL/hr. HOLD next insulin dose and notify prescriber for further orders.

Corrective Insulin

[] Insulin Lispro (HUMALOG, ADMELOG) Correct Insulin (Single Response)	tive
() Patient UNABLE to tolerate LISPRO	Routine, Once
() Low Dose Corrective Scale 0-5 units	0-12 Units, subcutaneous
	41 - 69 mg/dL blood glucose: give 25 mL of dextrose 50% OR 4 ounce juice
	0 - 40 mg/dL blood glucose: give 50 mL of dextrose 50%
	If patient is NPO, on tube feeds, or on TPN, change frequency to every 4 hours. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain
	Corrective Scale: LOW dose correction scale
() Medium Dose Corrective Scale 0-7 units	0-12 Units, subcutaneous 41 - 69 mg/dL blood glucose: give 25 mL of dextrose 50% OR 4 ounce juice
	0 - 40 mg/dL blood glucose: give 50 mL of dextrose 50%
	If patient is NPO, on tube feeds, or on TPN, change frequency to every 4 hours. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. Corrective Scale: MEDIUM dose correction scale
() High Dose Corrective Scale 0-12 units	0-12 Units, subcutaneous
	41 - 69 mg/dL blood glucose: give 25 mL of dextrose 50% OR 4 ounce juice
	0 - 40 mg/dL blood glucose: give 50 mL of dextrose 50%
	If patient is NPO, on tube feeds, or on TPN, change frequency to every 4 hours. May be given up to 10 minutes before meal or immediately after meal if oral intake is uncertain. Corrective Scale: HIGH dose correction scale
() Custom Corrective Scale	
[] insulin lispro (ADMELOG) injection	subcutaneous Define custom scale here ***
 Bedtime Correction Scale 0-4 units – only for p hyperglycemia (>250mg/dL) 	
[] insulin lispro (ADMELOG) injection	0-4 Units, subcutaneous, at bedtime
	Obtain bedside glucose (POC) at 0200
	41 - 69 mg/dL blood glucose: give 25 mL of dextrose 50% OR 4 ounce juice
	0 - 40 mg/dL blood glucose: give 50 mL of dextrose 50%
	Consider HS snack if poor PO intake.
	Corrective Scale: BEDTIME dose correction scale
[] Bedside glucose	Routine, Daily at 0200 Obtain bedside glucose (POC) at 0200.

Hypoglycemia Management

Hypoglycemia Management (Single Response)

[X] Hypoglycemia management - Monitor patient for signs and symptoms of	Routine, Per unit protocol CLICK REFERENCE LINK TO OPEN ALGORITHM:
HYPOglycemia and follow standing orders	
[X] dextrose 50% intravenous syringe	12.5 g, intravenous, every 20 min PRN, low blood sugar, If blood glucose is between 41-69 mg/dL
	Give ½ cup juice if patient is able or 50% dextrose 12.5 g (25 mL) IV push ONCE. Contact the provider and recheck blood glucose in 20 minutes. DO NOT give further insulin until ordered by a provider
[X] dextrose 50% intravenous syringe	25 g, intravenous, every 20 min PRN, low blood sugar, If blood glucose is 40 mg/dL or LESS
	Give 50% dextrose 25 g (50 mL) IV push ONCE, contact the provider and recheck in 20 minutes. DO NOT give further insulin until ordered by a provider
[X] glucagon injection	1 mg, intramuscular, every 15 min PRN, low blood sugar, if patient NPO, unable to swallow safely with no IV access.
	If glucose remains LESS than 70 mg/dL, after 2 doses of D50 or Glucagon, send serum glucose level STAT.
	Initiate treatment immediately after lab drawn.
	Do NOT delay treatment waiting for lab result.
	Recheck blood sugar every 20 min until greater than 100 mg/dL. Notify Provider.
[X] dextrose 10 % infusion	40 mL/hr, intravenous, continuous PRN, other, For bedside glucose LESS than 70 mg/dL
	For use after administration of dextrose 50% x 2 and subsequent glucose value LESS than 70 mg/dL.
	Notify Provider, consider transfer to ICU. Check Glucose every hour while on D10 infusion. Titrate infusion by 10 mL per hour to keep glucose between 100 and 140 mg/dL.
	Notify provider when ANY/ALL of the following occur: -Dextrose 10% infusion is started
	-If glucose is less than 70 mg/dL while on dextrose 10% infusion -When dextrose 10% infusion rate is increased to greater than 100 mL/hr

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[] Hemoglobin A1c	Once	
[] Lipid panel	Once	

Consults

Consults HMH

[] Consult Diabetes/Endocrinology	Reason for Consult? Diabetes and Hyperglycemia Please call Inpatient Diabetes/Hyperglycemia Management Service 713-441-0006
[] Consult Diabetes Educator	Reason for Consult:
[] Consult Nutrition Services	Reason For Consult? Purpose/Topic:

[] Ambulatory referral to HM Weight Management - Diabetes Education	Internal Referral Select type of services needed and number of hours requested: Initial Comprehensive Diabetes Ed - up to 10 hrs and all 9 ADA core topics Indicate any special needs requiring Individual or Customized Education: For Diabetes related Medical Nutrition Therapy (MNT), please select type needed: Nutrition Consultation (IBT or MNT per RD discretion) I hereby certify that I am managing this patient's Diabetes condition and that the above prescribed training is a necessary part of managment. Yes Let me know if the patient declines service or is unable to be contacted? Yes
Consults HMTW	
[] Consult Nutrition Services	Reason For Consult? Purpose/Topic:
[] Consult to Diabetes Educator	Reason for Consult:
 Ambulatory referral to HM Weight Management - Diabetes Education 	Internal Referral Select type of services needed and number of hours requested: Initial Comprehensive Diabetes Ed - up to 10 hrs and all 9 ADA core topics Indicate any special needs requiring Individual or Customized Education: For Diabetes related Medical Nutrition Therapy (MNT), please select type needed: Nutrition Consultation (IBT or MNT per RD discretion) I hereby certify that I am managing this patient's Diabetes condition and that the above prescribed training is a necessary part of managment. Yes Let me know if the patient declines service or is unable to be contacted? Yes
Consults - NOT HMH or HMTW	
[] Consult Diabetes Educator	Reason for Consult:
[] Consult Nutrition Services	Reason For Consult? Purpose/Topic:
 [] Ambulatory referral to HM Weight Management - Diabetes Education 	Internal Referral Select type of services needed and number of hours requested: Initial Comprehensive Diabetes Ed - up to 10 hrs and all 9 ADA core topics Indicate any special needs requiring Individual or Customized Education: For Diabetes related Medical Nutrition Therapy (MNT), please select type needed: Nutrition Consultation (IBT or MNT per RD discretion) I hereby certify that I am managing this patient's Diabetes condition and that the above prescribed training is a necessary part of managment. Yes Let me know if the patient declines service or is unable to be contacted? Yes