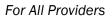
MyChart Fitness Device Integration – Fitbit and Nokia Withings



Assist patients with integrated device setup for at home health monitoring.

MyChart Fitness Device Integration for Fitbit and Nokia (Withings)

- 1. Provider orders MyChart Fitness Device flowsheet:
 - For patients to be able to connect their Fitbit or Nokia (Withings) device to their **MyChart** account, the provider must place an order for the **MYC10-MyChart Fitness Device** flowsheet.
- 2. Connect Fitbit or Withings device to your MyChart account:
 - Note: The initial connecting of your account to MyChart can only be done on web site, not mobile.
 - Please log in to your MyChart account and select the Track My Health link in the Health tab.

Metholist LEADING MEDICINE Patientsix	Health Visi	—
Actions Houston Methodist is pleased to offer you MyChart. With Houston Method convenient than ever. You can also use MyChart to communicate with you	What's in My Record? My Conditions Plan of Care Test Results Health Summary	Medical Tools Lucy Document Center Who's Accessed My Record? Health Trends
If you are already a patient of a Houston Methodist primary care doctor, y record, including medications, allergies and immunizations, will be availa	Current Health Issues Medications	Questionnaires Track My Health
For additional questions or technical support, please see the FAQs or cont	Allergies Preventive Care Medical History	Research Studies Wallet Card Share My Record
Read your messages. You have 473 new messages.	Immunizations End-of-Life Planning	ondie hy neodu

• Next select the Manage Accounts button.



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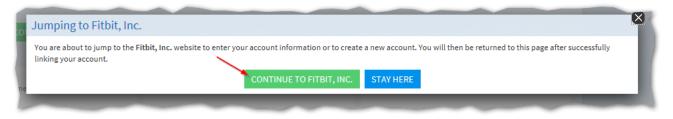


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• You will see the option to Connect Account

	Methodist LEADING MEDICINE	Patientsix	Health	Visits	Messaging	Billing	Resources	Profile
	Fitness Tracker Account	ts						÷
	If you have an account with one of t decide to link.		s, we can use their data to fill in ː	your assigned flov	wsheets. We will o	collect data for a	ny measuremei	nts that you
	Weight Appears in: Personal Biometric Device	e Log	Steps per Day Appears in: Personal Biometric De	evice Log				(
		CCOUNT						
>	Pulse Appears in: Personal Biometric Device	Log	Weight Appears in: Personal Biometric De	evice Log		Pressure in: Personal Biome	etric Device Log	

• Once you click the **Connect Account** button, you will be asked to jump to the Fitbit web site. Select the **Continue to Fitbit, Inc.** button.



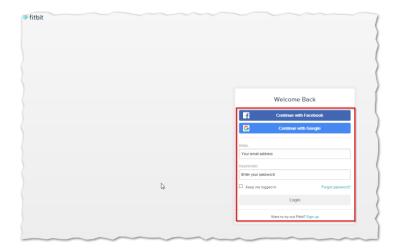




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MyChart Fitness Device Integration – Fitbit and Nokia Withings

• You will be taken to the Fitbit web site, where you will need to log in with your Fitbit email and password.



• Once you have logged into Fitbit, the **Almost There** pop-up screen will appear. Choose the components you want to sync (weight and or steps) and click the **Start Syncing** button.

	Start Syncing!
The last step in connecting your account is to select which information to pull in to your chart. Select at least one from the list.	I Want to Sync: ✔ Weight ✔ Steps per Day
ALMOST THERE!	

• Your Fitbit account will be linked again, and you can manually sync by clicking the **Sync Now** button.

ITNESS TRACKER ACCO	UNTS
	e can use their data to fill in your assigned flowsheets. We will
llect data for any measurements that you decide to link.	
⊩ fitbit	
<pre># fitbit</pre>	
	Steps per Day
Fitbit Weight Appears in: Personal Biometric Device Sync Now Unlink	Steps per Day Appears in: Personal Biometric Device Sync Now
Weight Sync Now Unlink	Sync How Official

MyChart Fitness Device Integration – Fitbit and Nokia Withings Created: 3/11/2020

