Liver Surgery Service Discharge   [2439]

General

Discharge (Single Response)

(X) Discharge patient	Discharge at 12:00 AM Specific Destination: Is a readmission planned within 30 days?

Discontinue tubes/drains

[ ] Discontinue Foley catheter	Routine, Once
[ ] Discharge home with Foley catheter	Routine, Once
[X] Discontinue IV	Routine, Once For 1 Occurrences
[ ] Deaccess port	
[ ] Deaccess Port-a-cath	Routine, Once
[ ] heparin, porcine (PF) 100 unit/mL injection	intra-catheter, once

Activity

[X] Discharge activity:	Routine, We encourage you to to be up and active during the day. This will help prevent blood clots and will also help you sleep better at night. You are allowed to walk as fast as your endurance will tolerate as long as you are accompanied by a family member or other support person.
[X] Lifting restrictions	Routine, You should lift nothing heavier than 5 lbs (i.e.: one gallon of milk) for six weeks time. We will reassess your activity, driving and return to work issues in follow-up visits.
[ ] No driving	Routine, Until no longer on pain medications
[ ] Other restrictions (specify):	Routine, ***

Wound/Incision Care

[ ] Discharge wound care	Routine, Patient to follow up with surgeon for staple removal and incision inspection In *** weeks
[ ] Discharge incision care	Routine, ***
[ ] Discharge dressing	Routine, ***

Discharge Diet (Single Response)

( ) Discharge Diet	Routine Discharge Diet:
( ) Discharge Diet: Regular	Routine Discharge Diet: Regular
( ) Discharge Diet: Diabetic	Routine Discharge Diet: Diabetic

Patient to notify physician

[X] Call physician for:	Routine, Should you have any difficulties with prescriptions, wound care, follow-up or the development of new symptoms including pain, fevers, redness at your wound or leg swelling, please call our office immediately.
[X] Call Physician for:	Routine, The Liver Surgery Team can be reached 24 hours a day through the Methodist Liver Center 713-441-8839 or 1-866-94-LIVER (54837)

Discharge Education

[ ] Nurse to provide discharge education	Routine, Once Patient/Family: Both Education for: Other (specify) Specify: Print from Krames and give to patient

Discharge Instructions

[ ]	Discharge instructions for patient	Routine, ***
[ ]	Discharge instructions for Nursing- Will not show on AVS	Routine, Once ***

Place Follow-Up Order

[ ]	Follow-up with primary care physician	Routine
[X]	Follow-up with surgeon	Instructions for Follow Up: Wednesday Hepatobiliary Surgery Clinic in *** (weeks/months). To schedule your follow up appointment, please call 713-441-5153
[ ]	Follow-up with physician	Instructions for Follow Up:
[ ]	Follow-up with physician	Instructions for Follow Up:
[ ]	Follow-up with department	Details

Discharge Medications

Stress Ulcer Prophylaxis

[ ]	omeprazole (PriLOSEC) capsule	20 mg, oral, nightly Indication(s) for Proton Pump Inhibitor (PPI) Therapy:

Pain Management (Single Response)

( )	acetaminophen (TYLENOL) tablet	650 mg, oral, every 4 hours PRN, mild pain (score 1-3)
( )	HYDROcodone-acetaminophen (NORCO) 5-325 mg per tablet	1 tablet, oral, every 4 hours PRN, moderate pain (score 4-6)
( )	HYDROcodone-acetaminophen (NORCO 10-325) 10-325 mg per tablet	1 tablet, oral, every 4 hours PRN, severe pain (score 7-10)

DVT Prophylaxis

[ ]	enoxaparin (LOVENOX) injection	40 mg, subcutaneous, daily at 1700 (time critical)
[ ]	HEParin (porcine) injection	5,000 Units, subcutaneous, every 12 hours

Blood Glucose Management and Finger Stick Blood Glucose Checks

[ ]	insulin GLARGINE (LANTUS) injection	subcutaneous, see admin instructions Inject _____ units every morning and _____ units every evening.
[ ]	aspart (NovoLOG) subcutaneous doses (Single Response)	
( )	insulin ASPART (NovoLOG) injection with Sliding Scale Instructions - Three Times Daily Before Meals	subcutaneous, 3 times daily before meals If blood sugar is 70 or LESS, take no insulin of any kind, drink orange juice or milk and call the doctor If blood sugar 70-120 take 0 units If blood sugar 121-150 take 2 units If blood sugar 151-200 take 4 units If blood sugar 201-250 take 6 units If blood sugar 251-300 take 8 units If blood sugar 301-350 take 10 units If blood sugar 351-399 take 12 units If blood sugar is GREATER than 399 take 14 units and call your doctor.

| ( ) | insulin ASPART (NovoLOG) injection with Sliding Scale Instructions - Four Times Daily Before Meals and at Bedtime | subcutaneous, 4 times daily before meals and nightly
If blood sugar is 70 or LESS, take no insulin of any kind, drink orange juice or milk and call the doctor
If blood sugar 70-120 take 0 units
If blood sugar 121-150 take 2 units
If blood sugar 151-200 take 4 units
If blood sugar 201-250 take 6 units
If blood sugar 251-300 take 8 units
If blood sugar 301-350 take 10 units
If blood sugar 351-399 take 12 units
If blood sugar is GREATER than 399 take 14 units and call your doctor. |

Miscellaneous Medications

[ ]	magnesium oxide (MAG-OX) tablet	400 mg, oral, 3 times daily
[ ]	ursodiol (ACTIGALL) tablet	500 mg, oral, daily
[ ]	aspirin (ECOTRIN) enteric coated tablet	81 mg, oral, daily
[ ]	aspirin tablet	325 mg, oral, daily
[ ]	metoprolol tartrate (LOPRESSOR) tablet	25 mg, oral, 2 times daily at 0600, 1800 HOLD parameters for this order: Contact Physician if: