

## General

## Nursing

### Vital Signs

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| [X] Vital signs - T/P/R/BP | Routine, Per unit protocol<br>Repeat B/P, Pulse, and respirations every 15 minutes times 4, then every 30 minutes times 2, every 1 hour times 2 and every 4 hours times 2, and then every shift, and PRN<br>Temp may be every 4 hours times 3, then every shift and PRN, Postpartum |
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### Activity

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| [X] Activity as tolerated | Routine, Until discontinued, Starting S<br>Modifier:<br>Bathroom Privileges:<br>Assist with first ambulation and as needed., Postpartum |
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### Nursing - General

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| [X] Perineal care               | Routine, Every 12 hours PRN<br>Tucks and Dermoplast Spray at bedside PRN perineal discomfort., Postpartum  |
| [X] Sitz bath                   | Routine, 3 times daily PRN<br>Jacuzzi or Sitz Bath TID/PRN, Postpartum   |
| [X] Shower                      | Routine, Once For 1 Occurrences<br>May shower, Postpartum  |
| [X] Apply ice pack              | Routine, Once For 1 Occurrences<br>Affected area:<br>Waking hours only?<br>Nurse to schedule?<br>Special Instructions:<br>To perineum first 12 hours, Postpartum |
| [X] Apply heat to affected area | Routine, Once For 1 Occurrences<br>Affected area:<br>To perineum after first 12 hours., Postpartum   |
| [X] Heating pad                 | Routine, As needed<br>PRN Abdominal pain/cramping<br>Special Instructions: KPad, Postpartum  |
| [X] Straight cath               | Routine, Once For 1 Occurrences<br>May straight cath if retaining urine, insert Foley at time of 3rd catheterization and notify physician., Postpartum           |
| [X] Breast pump to bed          | Routine, As needed<br>Nursing mothers may use breast pump PRN., Postpartum   |
| [X] Supportive bra              | Routine, Once For 1 Occurrences<br>Non-nursing mothers to wear tight-fitting bra., Postpartum  |

### Notify

|                                |   |
|--------------------------------|---|
| [X] Notify Physician (Specify) | Routine, Once For 1 Occurrences, MD - Re insert of foley., Postpartum   |
| [X] Notify Physician (Specify) | Routine, Once For 1 Occurrences, Practitioner For temperature greater than 38 degrees C (100.4F)., Postpartum |

### Diet

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| <input checked="" type="checkbox"/> Diet regular | Diet effective now, Starting S<br>Diet(s): Regular<br>Advance Diet as Tolerated?<br>Liquid Consistency:<br>Fluid Restriction:<br>Foods to Avoid:<br>Postpartum |
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### Education

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| <input checked="" type="checkbox"/> Patient education (specify) | Routine, Once For 1 Occurrences<br>Patient/Family:<br>Education for:<br>Instruct patient on use of peribottle, Postpartum |
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## IV Fluids

### IV Fluids

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| <input type="checkbox"/> oxytocin (PITOCIN) infusion | 42 mL/hr, intravenous, continuous, For 8 Hours, Postpartum |
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## Medications

### RhNegative Mother

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| <input checked="" type="checkbox"/> Rhogam injection | Routine, Conditional Frequency For 1 Occurrences<br>Administration instructions: Conditional; one activation; Give intramuscular if indicated. Obtain from Blood Bank.<br>Postpartum |
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### Vaccines

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| <input checked="" type="checkbox"/> measles-mumps-rubella Vaccine | 0.5 mL, subcutaneous, once PRN, immunization, For 1 Doses, Postpartum<br>Patient Consent if Rubella Non-Immune |
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### Bleeding Medications

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| <input checked="" type="checkbox"/> methylergonovine (METHERGINE) injection | 200 mcg, intramuscular, once PRN, Bleeding that saturates a pad in LESS than 15 minutes if BP is LESS than 140/90, For 1 Doses, Postpartum<br>Given if patient saturates a pad in less than 15 minutes and notify physican.with continued bleeding and BP less than 140/90.  |
| <input checked="" type="checkbox"/> carboprost (HEMABATE) injection         | 250 mcg, intramuscular, once PRN, Bleeding that saturates a pad in less than 15 minutes if BP GREATER than 140/90, or if bleeding continues to saturate a pad in LESS than 15 minutes after Methergine administration, For 1 Doses, Postpartum<br>For bleeding that saturates a pad in less than 15 minutes, if blood pressure is greater than 140/90, or if bleeding continues to saturate a pad in less than 15 minutes after Methergine administration. |

### Mild Pain (Pain Score 1-3)

Ibuprofen may be given in conjunction with hydrocodone-acetaminophen (NORCO) 5/325 mg OR oxycodone-acetaminophen (PERCOCET) 5/325 mg for more severe pain.

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| <input checked="" type="checkbox"/> ibuprofen (MOTRIN) tablet - Not Recommended For Chronic Kidney Disease Stage 3 or Worse | 600 mg, oral, every 6 hours PRN, mild pain (score 1-3), Postpartum<br>Give with meals. Food can increase the effectiveness and/or avoid stomach upset. |
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### Moderate Pain (Pain Score 4-6) (Single Response)

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| <input type="checkbox"/> HYDROcodone-acetaminophen (NORCO) 5-325 mg per tablet | 1 tablet, oral, every 4 hours PRN, moderate pain (score 4-6), Postpartum |
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| <input type="checkbox"/> HYDROcodone-acetaminophen (NORCO) 5-325 mg per tablet | 2 tablet, oral, every 6 hours PRN, moderate pain (score 4-6), Postpartum |
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**Severe Pain (Pain Score 7-10) (Single Response)**

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| <input type="checkbox"/> oxyCODONE-acetaminophen (PERCOET) 5-325 mg per tablet | 1 tablet, oral, every 6 hours PRN, severe pain (score 7-10), Postpartum |
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| <input type="checkbox"/> oxyCODONE-acetaminophen (PERCOET) 5-325 mg per tablet | 2 tablet, oral, every 6 hours PRN, severe pain (score 7-10), Postpartum |
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**Perineum Care**

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| <input checked="" type="checkbox"/> Tucks Pads | Topical, PRN, irritation, At Bedside for Perineal discomfort, Postpartum<br>For topical use ONLY. |
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| <input checked="" type="checkbox"/> benzocaine-menthol (DERMOPLAST) 20-0.5 % topical spray | Topical, PRN, mild pain (score 1-3), At Bedside for Perineal Pain, Postpartum |
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**Breast Care**

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| <input checked="" type="checkbox"/> lanolin topical ointment | Topical, PRN, dry skin, At Bedside for Nipple Irritation, Postpartum<br>At Bedside. |
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**Bowel Care**

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| <input checked="" type="checkbox"/> docusate sodium (COLACE) capsule | 100 mg, oral, 2 times daily PRN, constipation, For stool softening, Postpartum |
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| <input checked="" type="checkbox"/> bisacodyl (DULCOLAX) suppository | 10 mg, rectal, daily PRN, constipation, Postpartum |
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**VTE**

**Labs**

**Labs**

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|--|---|
| <input checked="" type="checkbox"/> Type and Screen, Obstetrical Patient | Once For 1 Occurrences<br>If mother is Rh negative and cord blood is Rh positive, then complete the Rhogam workup by ordering a fetal screen., Postpartum |
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| <input checked="" type="checkbox"/> Hematocrit | Once For 1 Occurrences<br>First post partum day. Screen for anemia., Postpartum |
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**Cardiology**

**Imaging**

**Other Studies**

**Respiratory**

**Rehab**

**Consults**

For Physician Consult orders use sidebar

**Additional Orders**